



Professor Dr Frank Neuner, PhD
Bielefeld University, Germany

EABCT's 2026 Global Ambassador

**From Traumatic Memories to a Coherent Life Story:
Narrative Exposure Therapy in Contexts of War, Violence,
Marginalization, and Social Devaluation**

Monday 9th November 17.00 - 20.30 PM CET.

Narrative Exposure Therapy (NET) is a brief, evidence-based trauma-focused treatment developed for people who have experienced multiple and repeated traumatic events. It combines exposure-based emotional processing with the reconstruction of autobiographical memory, enabling patients to integrate fragmented traumatic experiences into a coherent life narrative.

This 3.5-hour online workshop offers a clinically oriented introduction to the theoretical foundations and practice of NET. Participants will learn how traumatic stress affects autobiographical memory and how the NET lifeline is used to place significant positive and adverse experiences within their biographical context. The workshop will cover the main stages of treatment: assessment and preparation, construction of the lifeline, prioritization of relevant experiences, narrative exposure, and development of a chronological life narrative. Clinical examples and demonstrations will illustrate how therapists can facilitate emotional engagement, respond to avoidance or dissociation, and maintain an empathic yet focused therapeutic stance.

Frank Neuner is Professor and Head of Clinical Psychology and Psychotherapy at Bielefeld University, where he also serves as Scientific Director of the university's psychotherapy outpatient clinic. He is internationally recognized as one of the developers of Narrative Exposure Therapy (NET), a brief intervention for trauma-related disorders.

EABCT Association Member 45€
Reduced Rate/EABCT Emerging Country 30€
Non-Member 60€

Registration covers attendance at the live workshop, access to the recording, supporting resources and a **CPD certificate (3.5 hours)**

You will be able to listen to a recording of the workshop for 3 months; perfect if you are not able to attend on the day or you enjoyed it so much you just want hear it all over again

Register at

<https://register.eyas.co.uk/eabctga>